



## Energy Sufficiency: how to shape sustainable behaviours

**Covenant of Mayors – Europe Office**  
**With the support of FEDARENE and AREC**

Date: 15.12.2021

### Programme of the event

<i>Time</i>	<i>Title</i>	<i>Speaker</i>
10:00	Welcoming	Mariangela Luceri, Covenant of Mayors Europe
10:10	E-sufficiency in the European political agenda (tbc)	Ciaran Cuffe, European Parliament
10:23	E-sufficiency, what it is and good practices from the Paris Region	Marie – Laure Falque – Masset, AREC Ile de France, France
10:36	E-sufficiency through cargo bikes	Johanna Wallin, ESS, Sweden
10:49	City Lab for e-sufficiency	Jan Meuleman, City of Antwerpen, Belgium
11:02	Digital e-sobriety	Bela Loto, Point de M.I.R, France
11:15	Q&A	
11:30	Greetings and closure of the webinar	